

DOJO KUN

We will train our hearts and bodies for a firm
unshaken spirit.

We will pursue the true meaning of the
Martial Way, so that in time our senses may
be alert

With true vigour, we will seek to cultivate a
spirit of self-denial

We will observe the rules of courtesy, respect
our superiors and refrain from violence

We will follow our religious principles and
never forget the true virtue of humility

We will look upwards to wisdom and
strength, not seeking other desires

All our lives, through the discipline of karate,
we will seek to fulfill the true meaning of the
Kyokushin Way